



## Kindred Counseling Center

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### Client Rights & Responsibilities

#### As a client you have the following rights:

- To be treated with dignity and respect at all times.
- To be free from the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.
- To have a safe treatment setting, free from sexual, physical, and emotional abuse.
- To expect that a licensee has met the minimum qualifications of training and experience required by state law.
- To ask for and get information about the clinician's qualifications, including his or her license, education, training, experience, membership in professional groups, special areas of practice, and limits on practice.
- To obtain a copy of the Code of Ethics.
- To report immoral and illegal behavior by a clinician.
- To receive written information, before entering therapy, about fees, method of payment, insurance coverage, number of sessions the clinician thinks will be needed, substitute clinicians (in cases of vacation and emergencies), and cancellation policies.
- To refuse audio or video recording of sessions.
- To refuse to answer any question or give any information you choose not to answer or give.
- To be informed of privacy and confidentiality laws, including, but not limited to, the following exceptions (to learn more see the Notice of Privacy Practices):
  - Reporting suspected child abuse.
  - Reporting imminent danger to the client(s) or others.
  - Reporting information required in court proceedings or by client's insurance company, or other relevant agencies.
  - Defending claims brought by a client against the licensee.
  - In the event of an emergency, I would provide emergency personnel with your name and address.
  - Know if your clinician will discuss your case with others (for instance, supervisors, consultants, or students).
- To ask the clinician to inform you of your progress.

#### As a client you have the following responsibilities:

- To provide accurate and complete information concerning your present complaints, present/past medical/personal history, and other matters relating to your current condition and life circumstances.
- To make it known to the therapist whether you comprehend clearly the course of treatment and what is expected from you.
- To keep appointments and notify the therapist at least 24 hours in advance if you are unable to make your appointment.

- To adhere to treatment recommendations. While entering into therapy is voluntary, during the course of your care your therapist will make recommendations that are specific to your presenting problem and circumstance. There are benefits to following these recommendations, choosing not to adhere to them could result in consequences. Those consequences will be discussed in greater detail during the session.
- To pay all fees incurred for treatment services at the time of service.
- To read all documents and adhere to the policies within the: Client Agreement and Informed Consent, Notice of Privacy Practices, No Surprises Act Standard Notices and Consent, Release of Information Consent, Reduced Fee Agreement, Medicare Private Pay (Opt Out) Contract, ART Informed Consent, EMDR Informed Consent, and any other document provided by the therapist.